



AVENUE HOUSE NEWSLETTER

January 2023



We would like to say a huge Thank You to all of our amazing team for their continued hard work, effort and dedication.

HAPPY BIRTHDAY to following residents this month
John Sabey / Alan Barber / Jean Tullet



Capricorn (December 22 – January 19)

Smart, hardworking, and fully in control of their destiny, Capricorn signs will *always* get what they set their mind to, in both personal and professional life—no excuses. Capricorns may get a reputation as stubborn, but they simply know what they want, and also know how they wish other people would behave.

Aquarius (January 20 - February 18)

Independent and enigmatical, Aquarians are unique. There is no one quite like an Aquarius, and because each is so incredibly individual, it can be tough to describe them as a group. Aquarians don't like labels, and may shy away from any adjective—even the good ones you might bestow upon them. Aquarians believe in the nature of change and evolution, and even though they're a fixed sign, they may not necessarily believe they are the "same" people they were when they were born.

Hello Residents, Families and Friends...



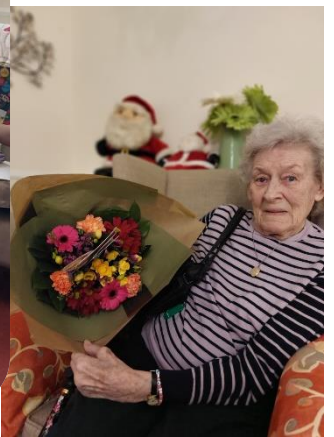
Welcome to the January edition of our newsletter!

Wow! What a busy month that was. We always have plenty of fun and laughter but December was something else.

December saw us come together to celebrate the festive period with warmth, kindness and a little craziness. The first week of the month we were very busy preparing the decorations inside and outside of our home. What Joy a Christmas tree and twinkling lights can bring. Most residents took part in the bi-monthly meeting which is a great opportunity to give feedback. The dementia sings out choir on a Thursday morning is proving to be one of the most popular activities. We will continue this weekly session throughout 2023. On the 9th of December Rosemary Nayar kindly organised and played the keyboard for a wonderful Carol Service. Many residents, relatives and staff joined in with the singing of the carols and embraced the service. Thank you to all that attended and of course to Rosemary. Hopefully we will see more of Rosemary soon. We acknowledged national Hot Chocolate day with Stacey's wonderful Hot chocolate of course with the naughty cream and marshmallows too. Santa from Rushden Round Table kindly came for a visit on Saturday the 17th. All residents were able to meet Santa and received a gift. On the 20th of December we held our Avenue Sparkle Christmas party. Philip entertained us with his Christmas collaboration, the kitchen team produced an amazing buffet and another Santa joined us for the child guests. Thank you to all those that joined us and supported Avenue House. The Snowman's name was Muffin, a residents grandson won a huge £50. Remaining raffle prizes are: 9,18,23,30,31,36,117,130,328,381,389,390. Any prizes not collected by the 1st of Feb will be held back for our next raffle. The last few days before Christmas the magic spirit got too overwhelming, staff exploded into character for our improvised nativity. A massive thank you to all staff that took part in the nativity and an even bigger thank you to our residents and relatives for your support. The Videos of these performances can be found on our Facebook page.

We are looking forward to a peaceful yet fulfilling 2023.







Please be aware, that I will do my best to stick to the planned Activities, as per the Activity Calendars, however, these can change from day to day, due to our residents' needs and choices, as well as the 'lovely' British Weather...

Many Thanks for your continued support and understanding - Emma

A Poem to Share...

January Mist by Sandra Fowler

Sometimes at night I hear small birds lament.
Dark notes that seem to second moon's descent.
Cold is the color of a deep regret,
An etude perfected by winter set.

The world was music and it turned us round.
Stirred by the subtle atmospheric sound,
You gently sketched a snowflake on my face
Which shall be mine till light has left this place.

Such solace has the power to outlast time,
To lock a small bird's elegy in rhyme.
Somewhere beyond the January mist,
The magic of our landscape still exists.

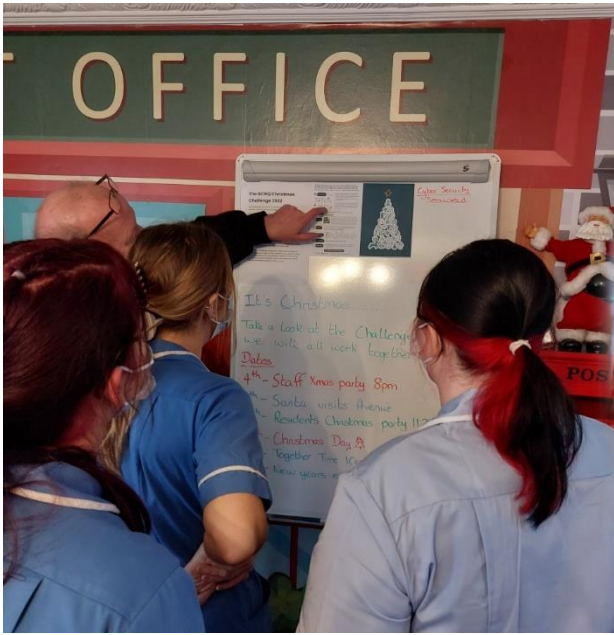
New members of the Team...

Please welcome Shelly Cass to the team...



Shelly lives locally and is a mother of 2 Children. Shelly is passionate about caring for others and loves long walks whilst listening to music. Shelly is returning to Avenue House as a Night Carer.

A Thankyou To Our Staff....





Upcoming planned Events...

- 'Together Time' Coffee Morning – 25th January 10:00 (All welcome)

Plans are under way for a Valentines and an Easter event – Watch this space.....

We are currently planning our Valentines and Spring activities. As always any donations are greatly received. In the Activities lounge we have a rail of clothes that are un-named. Please do check the rail for any clothing that belongs to your relative.

Donation Ideas

Green milk bottle lids
 Baby/doll items: Newborn clothes, Cot.
 Artificial flowers
 Easter Eggs

Don't Forget...

Like us on Facebook and Follow Us for Updates, Information and lots more Fun Times Ahead...



Please leave us a Review on Carehome.co.uk and 'show everyone' how proud and grateful you are of our Hardworking and Dedicate Staff Team...



<https://www.carehome.co.uk/carehome.cfm/searchazref/20003020AVEB>

I hope you have enjoyed this Months' Edition of Avenue House's Newsletter.

I can be emailed on activities.avenu@jasminehealthcare.co.uk

Thank you to all for your support.

Emma Matthews

I will continue to update Facebook regularly. Please do not hesitate to call anytime on 01933 358455
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